



### **Probiotic Additive Kit**

This probiotic kit is an easy to administer at-home colon-kit designed for you to balance and enhance the natural healthy intestinal flora of the colon. The primary importance of the kit is to restore the colon's bacteria to its healthy and normal state through a direct delivery of probiotics to the colon where they are needed most. This delivery method bypasses the natural destruction of probiotics from stomach acids that occurs when orally ingested. After one hour of retention of the probiotics in the colon, it will colonize the bowel then, three days later, the colon will be stabilized. This procedure is designed to reinforce the balance of the bowel flora.

When the dynamics are at an optimum, then the production of certain nutrients is enhanced, the absorption of vitamins and minerals is increased, and the binding of toxins for elimination is advanced.

Many people report an improvement in bowel function, including resolving chronic constipation within 3 days of these infusions. It has given relief to irritable bowel problems, reducing pain and bloating.

This kit includes:

- 3 HMF Intensive powder probiotic sachets with 500 billion bacteria
- application tube
- disposable gloves
- water based lubricant
- simple instructions



## Instructions

This procedure is done after a bowel movement, following a colon hydrotherapy session, or with loose stools. During the procedure, there will be a “false” sense of needing to move the bowels. Due to the small quantity of fluid, it is easy for most individuals to retain. It is best to retain the bacteria for a minimum of one hour, as it is during this time that the bacteria will colonize the large intestine. After an hour, if needed, one may evacuate their bowels. In the first three days, the bowel bacteria will stabilize and will return the microbiome to a more balanced state.

### Instructions:

1. Open probiotic sachet and mix in 2 ozs of filtered warm water (add a little water to probiotic to mix, add water gradually until completely mixed)
2. Draw mixture into the 2oz. Syringe
3. Insert syringe into the end of rectal tube
4. Use lubricant on the end of the rectal tube
5. Lying on your left side insert tubing gently into 2 inches of the rectum
6. Push syringe to move the mixture thru the tubing into the rectum
7. Retain for 1 hour